

August 2014

# Register Today!



Our third annual Congo Kids 5K Run/Walk (CK5K) was a success, with over 250 people showing up for the event. We are so excited to be able to bring you this race in such a beautiful setting for the 4th year on a row!

**Who:** Runners and walkers of all ages and abilities

**What:** CK5K Run/Walk

**When:** September 14th, 2014 @ 3:00 p.m.

**Where:** Dorris Ranch, Springfield, Oregon

**How:** Cost is \$20 - adults, \$15 - students (12 & Over), \$10 - students (11 & under), prior to race day. Add \$5 on race day. Runner's shirts can be purchased for \$10. Women's sleeveless option available.

There are multiple registration options.

- 1) Registration: [www.eclecticedgeracing.com/Congo\\_Kids\\_5k.html](http://www.eclecticedgeracing.com/Congo_Kids_5k.html) or in person at the Eugene Running Company, 116 Oakway Center in Eugene.
- 2) Register on race day from 1:00 to 2:30 p.m. at Dorris Ranch Barn.

All participants eligible for random prize drawings.

P. O. Box 70101, Springfield, OR 97475 (541) 501-2850

The City of Refuge International, Inc.

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# Live Well: Water Well Program



The majority of people in the DRC live without access to clean water. In Kamina, many people, quite often women, travel miles a day just to collect water. Water collection becomes a focal point of life, limiting time available for education and training, or other activities that could ensure sustainability. *Providing clean water is about empowering people for generations to come*, not simply about meeting basic health and sanitation needs.



Our goal is to eventually provide clean water for all of Kamina. We have installed a total of seven water wells since January 2014, all with the help of private donations. Clean water improves quality of life and reduces illnesses.

7 wells = 4,900 people with access to clean water



## Name a Well!

A donation of \$1,940 provides for the purchase and installation of a water well in Kamina. The name of your choice will be inscribed on the well's plaque.

# Program Updates

## Agricultural Development

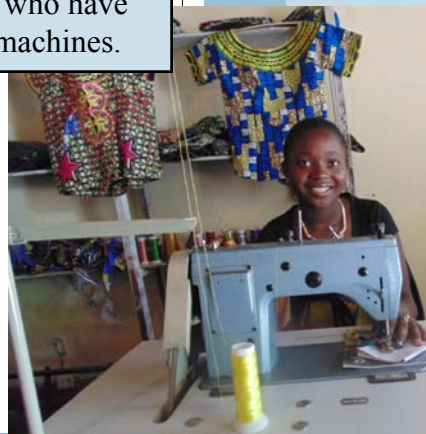
### Youth Farm

Our Child Sponsorship Program participants learn agricultural and vocational skills. Harvested goods are dispersed to the children and their foster families to help meet nutritional needs.



## Sewing Shop

Young women in our program come to the sewing shop after school to learn skills for life! Many of them are looking forward to venturing out and starting small businesses of their own. A special thanks to all of you who have purchased sewing machines.



# Child Sponsorship Program: School, clothes and so much more!



Through the Child Sponsorship Program, The City of Refuge International provides complete care for 114 Orphans. Children are placed in permanent foster homes. Each child receives food, education, vocational training, clothing, and medical care. In addition, mosquito nets, mattresses, hygiene products, birthday and Christmas celebrations, and much more are provided. Your monthly sponsorship donations make a difference in the lives of our children!

**Yes! I would like to help the people of the Congo.**

- I am making a one-time donation of \$ \_\_\_\_\_
- I would like to purchase a goat \$78 \_\_\_\_\_
- I would like to purchase a water well \$1,940 \_\_\_\_\_
- I would like to sponsor a child monthly:  
    Partial \$35 \_\_\_\_\_  
    Full \$70 \_\_\_\_\_
- I would like to donate to the Malnourished Pregnant Women Project \$ \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone/Email \_\_\_\_\_

Please detach form and send with donation to:

The City of Refuge International, Inc., PO Box 70101, Springfield, OR 97475

For PayPal and ACH (Automatic withdrawal), visit our website homepage and click:

[make a donation](#) 

The City of Refuge International, Inc. is a 501 (c)(3) organization. Your donation is tax-deductible .